



Catanzaro, 2nd July 2018 – h 15:00

Alta Formazione dell'UMG - Complesso Monumentale del San Giovanni

“Adult romantic attachment, therapy and perception”

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Originally attachment theory considered children attachment to their primary caregiver (i.e., the attachment person) in regards to survival and protection. Different types of attachment patterns were then defined and can be divided in two ways; organized and disorganized. Within these are three main attachment patterns named secure, avoidant and anxious. The connection between attachment and regulation of emotions is evident. Attachment theories emphasized that the attachment pattern and relationship created as a child towards a caregiver will be transported into adulthood to a partner. Adult attachment or romantic attachment could hence be viewed as primary attachment relation in an adult's life. The partner in an adult romantic relationship becomes essential in emotion regulation strategies for the adult individual. The current questionnaire- study with a sample of 660 adults (330 couples) reveals several important aspects concerning adult attachment and how romantic relationships in a modern society is formed and functions.



SHORT BIO

Anna Blomkvist has several years of experience from social psychology research both in Norway and in Sweden where she still is involved in several research projects. She is currently employed by Stockholm University where she is conducting her Ph.D. in psychology with the project titled *“Adult Attachment and Odors”*.

Her previous research concerns body odors and prejudice, resulting in the MA thesis *“Does body odor induced disgust relates to implicit and explicit prejudice?”*.

In Norway she worked in research teams concerning behavioral economics, decision making and working memory. Her BA thesis from University of Bergen had the title *“Working memory in children with ADHD”*.

Host: Dr. Marco Tullio Liuzza (liuzza@unicz.it, tel: 0961-3694361)

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